

# MULTI-FLIGHT ATTACHMENT

MX1189

20 Adjustment Points



Interchangeable Handle and Pad

- Attaches to the Universal Series Machines.

- Uses Cable Resistance.

The Universal Multi-Flight Attachment is the ultimate rotational attachment. The multi-purpose attachment can be used for deltoid raises, front shoulder raises, pectoral flies, hip abductions, hip adductions, rear kicks, knee raises, strengthen your neck and countless other exercises. The attachment connects to the Universal Series Machines (Universal Trainer, Dynamic Trainer, Universal 1) and uses the cable and weight stack for resistance. The 22 adjustment points allow the user to target specific muscles during the exercises. The attachment comes with an interchangeable handle or leg pad.

## Dimensions

32" x 25" x 23"

## Weight

70lb

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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



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